

**A Class** guards are comprised intermediate levels of vocabulary skills and excellence. Success comes from strategic choices in vocabulary that lead to the achievement of excellence.

Stylistic diversity is to be encouraged with all choices given equal potential for success.



**A Class**

Outstanding

Score

100

## Vocabulary

**Whose vocabulary contained the greater:**

- Range and variety of equipment skills
- Dynamic range through the efforts of space, time, weight, and flow
- Depth, range, and variety of blend between equipment and body
- Range of material most compatible with performers' training

Box 1	Box 2			Box 3			Box 4			Box 5		
<b>0 to 6</b>	<b>7</b>	<b>14</b>	<b>22</b>	<b>30</b>	<b>41</b>	<b>51</b>	<b>60</b>	<b>71</b>	<b>81</b>	<b>90</b>	<b>94</b>	<b>97</b>
Seldom Experiences (WEAK)	Rarely Discovers (FAIR)			Sometimes Knows (GOOD)			Frequently Understands (EXCELLENT)			Always Applies (SUPERIOR)		
<b>0 to 6</b>	<b>7 to 29</b>			<b>30 to 59</b>			<b>60 to 89</b>			<b>90 to 100</b>		

## Excellence

Score

100

**Whose performers demonstrated the better:**

- Understanding and application of equipment principles
- Understanding and application of dynamic range, through efforts of space, time, weight, and flow
- Achievement of blended body and equipment challenges
- Development of breath, muscle, tension, flexion, and rotation
- Training to support vocabulary

Sub Caption Spread Guidelines

Insignificant Differences	Slight Differences	Moderate Differences	Significant Differences
0 to 3 tenths	4 to 6 tenths	7 to 10 tenths	11 or more tenths

**TOTAL**

200

**EQUIPMENT CRITERIA REFERENCE**  
**A CLASS**

<b>VOCABULARY</b>	<b>EXCELLENCE</b>
<b>0 to 06</b> The choreographed vocabulary generally lacks readability	<b>0 to 06</b> Individuals show no training in equipment principles.
<b>07 to 29</b> The choreographed vocabulary is limited, repetitious or presented only as a single effort. Phrasing is short. Techniques relative to dynamics are seldom included. Choreography is occasionally compatible to the individuals' skills. The equipment program is extremely incomplete and may limit scoring potential.	<b>07 to 29</b> Individuals are discovering the skills and principles. Individuals display some uniformity in method and timing, and show some training relative to equipment principles. Body development is inconsistent causing variations in the look of the equipment. Breaks and flaws are frequent. Essential efforts are not yet understood and in some cases, are not even written into the program. Knowledge of breath, muscle, tension, or flexion is still not understood or applied. Concentration is weak. Adherence to style is not yet understood. The training process is in a developing stage. Program is extremely incomplete and may limit the performer's opportunity to demonstrate skills and achievement.
<b>30 to 59</b> The choreographed vocabulary contains some variety and occasionally combines with movement or staging. Phrases are lengthening. The gradations of time and weight are apparent and extend the choreographed vocabulary range. The choreography is often compatible to the individuals' skills. The work may still be in progress, but it provides the performer with an adequate opportunity to develop their range.	<b>30 to 59</b> Individuals know principles and essential efforts, and achieve more consistently in method and timing. Principles and dynamic efforts are understood but may vary from individual to individual or relative to the effort required. There is more consistency in the ease with which individuals move through space. Body qualities are undeveloped causing a variation in the look of the equipment. There is a knowledge of muscle, tension, flexion, rotation and breath, and is applied in efforts. There are some periods of time when dynamic gradations of time and weight are achieved. Breaks and flaws still occur but recovery is beginning to evolve. Concentration and stamina are developing and are moderately achieved at a level. All methods and techniques reflect an average degree of physical and mental development. Adherence to style is developing. The training process is at a moderate level. The work may still be in progress but the performer has an adequate opportunity to demonstrate skills.
<b>60 to 89</b> The range of the choreographed vocabulary for this class is broad and well understood. More varied choreographic qualities are present. There is a growing blend of movement and equipment. Phrases are more dimensional. The dynamic range of efforts is growing. Some of the challenges broaden the range of the blended technical and expressive choreographed qualities. Choreography is mostly compatible to the individuals' skills.	<b>60 to 89</b> Individuals understand principles and efforts and achieve a consistent degree of uniformity in method and timing. Dynamic gradations of space, time, weight, and flow are usually achieved. Body development is improved in support beneath equipment. Knowledge of muscle, tension, flexion, rotation, and breath is understood. Breaks and flaws still occur, but recovery is evident. Concentration and stamina are developing and achieved. Methods and techniques reflect a good degree of physical and mental development for this class. Adherence to style is good. Achievement suggests that the training process is at a good level. Some intermediate challenges are met with good success.
<b>90 to 100</b> The choreographed vocabulary fulfills all opportunities at this level, and has begun to develop some higher intermediate challenges. The blending of movement and equipment is in the upper range for this level. Choreography is at a broad range both, with variety and versatility. Phrases are dimensional and challenge the performer with a range of expressive qualities and gradations of efforts. The choreography is fully compatible to the individuals' skills.	<b>90 to 100</b> Individuals apply the principles and a dynamic range of efforts. Individuals achieve a consistent degree of uniformity in method and timing. Knowledge of muscle, tension, flexion, rotation, and breath is applied throughout. Body development lends good support beneath equipment. Greater achievement occurs moving through dynamic gradations of space, time, weight, and flow. Consistent uniformity exists in individual responsibilities. Breaks and flaws are infrequent, and recovery is quick. Concentration and stamina are well achieved. Methods and techniques reflect a good degree of physical and mental development. Adherence to style is excellent for this level. Achievement suggests that the training process is successful for this class.